

## CONFIDENTIAL MEDICAL HISTORY

Patient Name \_\_\_\_\_

Do you have a physician? ☐ No ☐ Yes If yes, please list name(s) \_\_\_\_\_

Have you had a medical exam in the past two years? ☐ No ☐ Yes For \_\_\_\_\_

Have you ever been hospitalized for illness or surgery? ☐ No ☐ Yes For \_\_\_\_\_

Do you require antibiotic premedication for dental visits? ☐ No ☐ Yes For \_\_\_\_\_

Have you ever had an allergic reaction or bad reaction to:

☐ Aspirin or ibuprofen

☐ Codeine

☐ Penicillin

☐ Tetracycline

☐ Sulfa drugs

☐ Metals

☐ Latex

☐ Other \_\_\_\_\_

Are you sensitive to local anesthetics? ☐ No ☐ Yes Type of reaction \_\_\_\_\_

Please list all medications and health supplements you are taking. ***If you have a list of medications provided by your doctor's office, we can make a photocopy of the list instead.***

### ***Do you have or have you ever had:***

☐ Heart problems or cardiac stents placed within the past six months \_\_\_\_\_

☐ History of infective endocarditis \_\_\_\_\_

☐ Artificial heart valve or repaired heart defect \_\_\_\_\_

☐ Pacemaker or implantable defibrillator \_\_\_\_\_

☐ Joint replacement or other type of implant \_\_\_\_\_

☐ High or low blood pressure \_\_\_\_\_

☐ Stroke (taking blood thinners) \_\_\_\_\_

☐ Anemia or other blood disorder \_\_\_\_\_

☐ Prolonged bleeding due to a slight cut (INR>3.5) \_\_\_\_\_

☐ Emphysema, shortness of breath or sarcoidosis

☐ Tuberculosis, measles, shingles or chicken pox

☐ Asthma or other breathing problem (COPD, etc.)

☐ Sleep problems (apnea, snoring, insomnia, RLS)

☐ Kidney disease \_\_\_\_\_

☐ Liver disease, hepatitis or jaundice \_\_\_\_\_

☐ Thyroid or parathyroid disease \_\_\_\_\_

☐ Hormone deficiency or imbalance \_\_\_\_\_

☐ High cholesterol or taking statin drugs

☐ Diabetes Most recent HbA1c? \_\_\_\_\_

☐ Stomach or digestive disorder (ulcer, celiac disease, gastric reflux, bulimia) \_\_\_\_\_

☐ Osteoporosis, osteopenia or taken bisphosphonate drugs

☐ Arthritis \_\_\_\_\_

☐ Autoimmune disorder (Rheumatoid arthritis, lupus, scleroderma, multiple sclerosis) \_\_\_\_\_

☐ Glaucoma \_\_\_\_\_

☐ Hearing loss or hearing aids

☐ Head or neck injury \_\_\_\_\_

☐ Epilepsy, convulsions or seizures \_\_\_\_\_

☐ Neurologic disorder (Alzheimers, dementia, ADHD, autism)

☐ Viral infection or cold sores \_\_\_\_\_

☐ Lumps or swelling in the mouth \_\_\_\_\_

☐ Hay fever, sinusitis or seasonal allergies \_\_\_\_\_

☐ Hives, skin rash, seasonal allergies \_\_\_\_\_

☐ STI/STD/HPV \_\_\_\_\_

☐ HIV/AIDS \_\_\_\_\_

☐ Tumor or abnormal growth \_\_\_\_\_

☐ Radiation therapy or chemotherapy \_\_\_\_\_

☐ Immune suppressant medication \_\_\_\_\_

☐ Gender transition \_\_\_\_\_

☐ Emotional difficulties \_\_\_\_\_

☐ Psychiatric therapy or antidepressant medication

☐ Medical or recreational cannabis use \_\_\_\_\_

☐ Alcohol or recreational drug use \_\_\_\_\_

☐ Substance abuse disorder or treatment \_\_\_\_\_

### ***Are you:***

☐ Presently being treated for any other condition not indicated above \_\_\_\_\_

☐ Aware of a change in your health in the last 24 hours

☐ Taking medication for weight management \_\_\_\_\_

☐ Taking dietary supplements \_\_\_\_\_

☐ Often exhausted or fatigued \_\_\_\_\_

☐ Experiencing frequent headaches or chronic pain

☐ Past/present smoker or tobacco/vape/e-cig user

☐ Considered a sensitive/touchy person

☐ Often unhappy or depressed

☐ Taking birth control pills \_\_\_\_\_

☐ Currently pregnant \_\_\_\_\_

☐ Having a prostate disorder \_\_\_\_\_